

From:	<b>Shawn Evans</b> buddyshawn2678@gmail.com
To:	<b>Mike Nyitray</b> worldmike@aol.com
Date:	Tue, Feb 16, 2021 10:27 pm
Subject:	Space Coast USBC Hall of Fame

Typical me lol. Just got a new phone and was going thru my emails and just saw my induction into the Hall of Fame was back in July. Ooppssss my bad lol.

Seriously I can't thank you enough. I been thinking about it ever since you mentioned it to me and came to conclusion it's a good thing to be recognized by my peers for my achievements on the lanes. It's actually a great feeling. And f\*\*\* you as well because I cried a good hour for I could not stop thinking about my mom and the anxiety of giving a speech. Thank God covid had my back and the ceremony has been postponed lol.

So thank you again it really does mean the world to me. I remember first thinking what's it gonna get me, free parking at Disney? Line skips? Free popcorn at movies? Closer parking? Lol

But yeah it feels good to be a HOFer.

Much love bro

Shawn

Michael Greene  
13042 SW 143<sup>rd</sup> Terrace  
Miami, FL 33186  
(305) 322-5745  
mgreene@asamiami.com

October 20, 2019

Dear Mike,

It's been a few days since my Florida State USBC Hall of Fame induction and I've had a chance to reflect on the experience. I never realized how important it is to one's family being recognized for a lifetime achievement award and I was fortunate to have both my parents and my sister in attendance. But I was really surprised to see how many of my friends also made the trip to attend the awards dinner in Orlando. Being able to share this induction with my friends and family was truly priceless.

For the past 5 years I've been grateful to have you as my coach. You literally resurrected my game giving me a second career. Not only did you rebuild my physical game, you helped my mental game but you also overhauled my equipment and my grip. Multiple tournament wins, 300 games and 800 series later I'm proud to be the fourth man in Miami bowling history to call himself a Florida State hall of famer. None of this success could have been possible if not for you.

Thank you so much for all that you've done for me!

Yours truly,

A handwritten signature in blue ink that reads "Michael Greene". The signature is written in a cursive, flowing style.

Subj: **Back to Back 300s**  
From:: Chris Szymanski <xastur21@gmail.com>  
To: [worldmike@aol.com](mailto:worldmike@aol.com)  
Date: Fri, May 18, 2012 10:40 am

Hey Mike,

I just wanted to let you know what happened last night in league. I started off with back to back 300s! I actually had the first 25 in a row!!!

The first game felt really crisp on every shot thanks to some of the things we had worked on in our previous meeting. The 2nd game started as the first one ended and it didn't stop. I don't think I even hit light the 2nd game, as every shot was dead flush. In the 10th frame I was incredibly nervous but I kept keying in on some of the reminders you laid out for me and every shot was more perfect than the last. The last game I made my first bad shot of the night which ended up with a greek church, but I didn't miss the pocket any more and finished with a 225.

That makes 4 300's on the year as well as 3 800's (837, 825, 801). I now have 9 300's and 6 800's, and I'm averaging 239.60 for the year on Thursday nights.

Thanks for everything you have done for me. The confidence you have instilled in me has allowed me to grow by leaps and bounds beyond what I ever thought I was possible.

Chris

### Highlights for 2012

#### **2011/12 Dade County "Bowler of the Year"**

7 – 300 games

4 – 800 series

837 career high

825, 804, 803

- Back-to-back 300 games
- County high average: 238.6

Florida State USBC Tournament  
Scratch Team - CHAMPION



Chris Szymanski (and his parents)  
with his "Bowler of the Year" award

[Inducted into the Greater Miami USBC Hall of Fame in 2017]

SpareZ Davie

5325 S. UNIVERSITY DRIVE - DAVIE

954-434-9663

11/4/2011

Score

12:25:12AM

Team TENX												Lane 16				Game 1				11/3/2011			
Player		1		2		3		4		5		6		7		8		9		10		Total	
JC QUINTANA			X	7	2		X	6	3		X		X		X		X		X	X	X	268	
Hdcp 32		19		28		47		56		86		116		146		176		206		236			

Team TENX												Lane 16				Game 2				11/3/2011			
Player		1		2		3		4		5		6		7		8		9		10		Total	
JC QUINTANA			X		X		X		X		X		X		X		X		X	X	X	600	
Hdcp 32		30		60		90		120		150		180		210		240		270		300			

Team TENX												Lane 16				Game 3				11/4/2011			
Player		1		2		3		4		5		6		7		8		9		10		Total	
JC QUINTANA			X		X		X		X	9	/		X		X		X		X	X	X	911	
Hdcp 32		30		60		89		109		129		159		189		219		249		279			

Hey Mike

I Just Think you Deserve The  
Same credit for helping me with  
my Game. Thank you for being A  
Great coach and allowing me to own it  
with my style of bowling.

DS After 25 years This is my first 300 Thank you ☺

JC Quintana 111

Subj: **Thank you!**  
From:: Chris Szymanski <xastur21@gmail.com>  
To: [worldmike@aol.com](mailto:worldmike@aol.com)  
Date: Fri, May 20, 2011 11:29 am

Dear Mike,

I can hardly express in words how much your coaching has meant to me these past 8 years. We have been through the lowest of valleys as well as the highest of peaks during our time spent together. No one has understood my physical or mental game quite like you, and your ability to make individually tailored game plans on attacking certain problems is second to none. When I first came to you as a shy uncertain 16 year-old I had no idea what to expect on the lanes. Your use of positive reinforcement really built my self-image during those formidable years. I not only consider you my coach, but a mentor and friend.

Whenever my game falters me and my father get this look in our eyes and we both silently know a trip up to Margate is in order. Your identification of problems is lightning quick and your unique techniques to fix them while keeping the working parts in order have always amazed me. Other coaches I have visited have immediately tried to wipe the slate clean and rework my game in their image. No thought of individuality or past successes will change their black and white thinking. On the contrary, you have always kept my individuality a primary part of your coaching plan, and I have seen a wide variety of styles become massively successful under your watch. I thank you for allowing me to adapt your teachings to my style and the end result has been something I would never have dreamed of.

About 3 months ago my game was not as optimal as I would have hoped. Some of my college teammates and I went to take a group lesson with a well-known instructor hoping to help fix some of my issues. At first some of the things seem to work with my game but once again the molding began and before I knew it my game was in more trouble than before I had took the lesson. Although they meant the best and by no means meant to harm me as a bowler, I believe their rigid nature did not mix well with my free flowing, unusual style. As the next two weeks progressed, I grew more and more distraught with my performances. I knew there was only one call I needed to make.

When I came to visit you a few days later I knew what you were about to see would make you wonder where the bowler you had helped all those years had gone. Frankly, I was a bit nervous and a little embarrassed to admit that I sought coaching elsewhere. You never once grew angry or upset and you even encouraged me that seeking other knowledge showed how serious I was about getting better. Throughout our lesson we worked on getting back to how I was when I was successful and even implemented the good things the other instructor recommended. It was truly a wonderful thing to see a coach not try and take all the credit of someone else's work or just try wiping the slate clean. You always think of what's in the bowlers' best interest.

In the 6 weeks since that Saturday, my results have been staggering. I shot 785 the Thursday immediately following our visit and have not slowed down since; including 3 300's, 2 800's, and a string of the first 21 in a row. I have never enjoyed this much success and it is all thanks to you. I have raised my average all the way up to 226 from 218. In the 6 weeks since that one lesson I have averaged 255.94. Thank you Mike for everything you have done for me!

Chris

**Roberta Haffner, USBC Sport Bowling Director & USBC Silver Certified Coach**

Below is a review of *WorldMike's 2010 Ultimate Bowling School* I attended in South Florida.

It was a 3-day clinic that was not just impressive, it one of the best clinics I've ever attended.

## WORLDMIKE'S ULTIMATE BOWLING SCHOOL

Was the clinic run by a professional coach?	Yes, this clinic was run by Mike Nyitray, a world-class gold coach and one of the tops in the business.
Was it a good value?	3 days for \$550.00, including a ball and drilling. Since the ball and drilling is worth over \$200, the clinic fee is really only \$350.00. Yes, it's definitely worth it!
Was it necessary to have professional touring PBA bowlers there?	Although it's impressive to get coached by the pros you see on TV, I feel that a good coaching staff is probably what is most important. This clinic was run by USBC Certified Gold Coach, Mike Nyitray, a former PBA member and a former Team USA member.
What was the teaching format?	<p>The last 6 lanes of the center were blocked off so we had our own "area". The video and graphic presentations were given right on the lanes. This way when an idea was presented graphically, Mike was able to show the application right away on the lane. I've heard from many bowlers in the past who said they get bored when attending the classroom portion of bowling clinics, but that was <u>not</u> the case here.</p> <p>Mike's presentations had easy-to-understand graphics with ideas and concepts presented in a format I have never seen. <b>Without question, these were the best graphic presentations I've ever seen, and they were backed up by actual on lane application.</b></p>
I am attending this clinic because of a problem with my knee and lower back resulting from a car accident last year. This has affected my average and self-confidence and I have considered giving up the sport.	NO PAIN! Yes, Mike taught me a style where there is no pain. I now stand straighter with less knee bend and still can score. Why didn't I think of that? Obviously there was more to it than just that. Mike showed me how my body position was creating pressure on weakened areas on my slide leg. With that, Mike also explained how to improve my body alignment and posture. I can bowl with no pain now and I am very, very happy. Also, I think with some practice, I can get very close to my previous scoring ability.
What did others expect from clinic?	<p>One gentleman was a high-end bowler averaging 238 in league, but when it came to the more difficult "sport" and "open" patterns he was having difficulty scoring. Within the first day Mike fixed something in his style that automatically made him extend through the ball and get more on it. With an improved ball reaction he had other options to play the tournament patterns. His carry also improved significantly.</p> <p><b>Overall, everyone who attended was very happy.</b></p>
Where does this clinic rate when compared to other clinics I've attended?	<p>I've attended many clinics over the years and have even given clinics. These include my days in Anchorage, AK when I helped coach a young Sean Rash as well as recent clinics around the globe.</p> <p><b>So I've been on both the giving and receiving end of clinics and I have to say, this might be the best bowling clinic I have ever attended. There was no "cookie cutter" approach. Each bowler had a different style and Mike respected that.</b></p>
Overall Comments	If you want to bowl better, invest in a bowling lesson before you buy your next ball. After working with a coach you may find you don't need a new ball. Your new-found skill and confidence may have that old ball scoring in a way you never imagined.

Subj: **My First PBA 300!!**  
Date: 7/30/09 1:58:45 PM Eastern Daylight Time  
From: [erik.ugi@abacoainsurance.com](mailto:erik.ugi@abacoainsurance.com)  
To: [worldmike@aol.com](mailto:worldmike@aol.com)  
CC: [vuspoiled@bellsouth.net](mailto:vuspoiled@bellsouth.net)

Mike,

If there is one PBA Pattern that I find extremely difficult, it is the Chameleon Pattern. The last regional that I bowled was on that very pattern, and I have to say that my performance was poor at best. Interestingly enough, I recently shot 300 on the PBA Chameleon Pattern, and I just about wondered if I was in a dream, or if I was back at reality. Well it was a reality, and I feel that my determination to work through my weaknesses was a major contributing factor to this accomplishment. By that I mean, it really doesn't matter what pattern that you bowl on, one must have the mindset and confidence that as long as they make a quality shot and quality adjustments, the results will be revealed.

Erik Ugi  
Licensed Agent



4362 Northlake Boulevard, Suite 212  
Palm Beach Gardens, FL 33410  
Tel: 561-776-2323 Ext. 237  
Fax: 561-776-6425  
Email: [Erik.Ugi@abacoainsurance.com](mailto:Erik.Ugi@abacoainsurance.com)

Subj: **Hi Mike, Brett Wolfe here.** [2002 ABC/USBC Masters Champion]  
Date: 6/10/09 1:54:58 PM Eastern Daylight Time  
From: [Brett.Wolfe@edwardjones.com](mailto:Brett.Wolfe@edwardjones.com)  
To: [WorldMike@aol.com](mailto:WorldMike@aol.com)

Hello Mike,

After my trip I came home to a firestorm at work and am just now getting a chance to relax. I am very sorry I didn't send you a message sooner, but I'm sure you understand how work can be.

After I left Florida, I flew to Las Vegas. I started my trip by bowling at the BJ at Gold Coast. I had heard from several people that playing out was a good look, and my best look out is usually with the hammer. I ended up shooting 210, 300, 240, 162 for a 912. The series was so-so due to my issues the last game, but the 300 game will make me some money and really loosened me up for the rest of the week.

At Nationals, I was able to play the same part of the lane (very straight up about 3-4) and shot 666 in team. The next day we moved to the high end of Cashman (team was on 9-10) and I had an even better look, shooting 718 and 763 in doubles and \*\*singles, for a 2147 in \*All-Events (currently 6th.) Needless to say it was a great week of bowling for me.

The reason I write this to you is not so much to brag about the scores, but rather to tell you that what you said about doing less with the ball once it gets to my leg resonated with me. For whatever reason, I am usually able to feed the blue hammer off my hand with a relatively quiet wrist motion. I kept thinking of what you said about that while I was bowling and I feel it really helped me. The biggest advantage I had was being able to stay as far left as long as I could where guys throwing CELL's and Virtual Gravity's on the left kept getting forced farther right by the early hook. I guess I inherently trust that ball and I don't try to help it when I am throwing it.

Hopefully I can learn to do that more consistently with the resin equipment I throw as well.

Once again, thank you for coming down to meet me, and for spending a few minutes talking to me. I am curious to hear about your upcoming project and would love to be a participant should you need one!

Regards,

Brett Wolfe  
(480) 686-0617

\*FINAL STANDING: 7<sup>th</sup> Place in All-Events – 2009 USBC Open Championships

\*\*FINAL STANDING: 9<sup>th</sup> Place in Singles – 2009 USBC Open Championships

Subj: **10 Pins, 10 Games, 1 Winner!**  
Date: 11/29/08 5:34:38 PM Eastern Standard Time  
From: [erikugi@bellsouth.net](mailto:erikugi@bellsouth.net)  
To: [worldmike@aol.com](mailto:worldmike@aol.com)  
CC: [vuspoiled@bellsouth.net](mailto:vuspoiled@bellsouth.net)

Mike,

I would like to start off by saying how excited about winning the 10 game tournament held at Stuart Lanes last night. Make no mistake about it. A change is coming, and that change is called the new Erik Ugi. Over the last several tournaments that I bowled in, I have placed second, eighth, and third respectively, but I have to say that first place is definitely the most gratifying place to finish; although it did not come without investment.

As you know, I have been following a strict exercise routine as well as a strict nutritional plan. Of course there is all of the practice, which has been instrumental in the development of my game. Specifically, I would like to acknowledge you for working on my game, both physical and mental, in identifying specific aspects of each which needed improvement so that I may be able to play at the highest level possible at all times.

The first technique that we worked on was loading up my left arm so that it can be in a position of leverage at the point of release. I have to be honest, this technique has been a work in progress for more that a year, and at first it was totally unnatural to me. However, after a while of trial and error and much practice, my left arm was starting to load in more of a natural fashion now acting as a coil so that my point of release is much more *effortlessly* dynamic.

The second technique that we have been working on is relaxing my hand and entire arm throughout the arm swing; specifically the moments just prior to the release. To simplify my arm swing, you suggested that I think of my arm swing as a 1-2 punch if you will. The "1" is the push away down to the top of the backswing; and the "2" is from the top of the swing down through the release and follow-through.

Most recently and most importantly, the "real break through" that we discovered has been that when I open my hand right around my third step with a no-grab or tension in my arm swing, it creates the power that I have been looking for which in turns places my hand in the ideal position at the point of release resulting in an increase in pin carry. Call it a break through, call it a miracle, regardless of we call it this special move has definitely made a difference for me during the last few weeks it's been incorporated in my game. My ball motion has improved, so has my pin carry, my scoring, and my confidence.

I realize that none of these techniques would not have worked for me if I had not the dedication and determination to make them work, and I know that comes the competitive fire inside to be a champion. I am very optimistic about what the future holds for me and my bowling career and am grateful to you in helping make my career in bowling possible.

Sincerely,

Erik J. Ugi

Subj: **I'm bowling awesome!**  
Date: 10/1/2008 5:44:57 PM Eastern Daylight Time  
From: [Quick1320](#)  
To: [WorldMike](#)

Hi Mike,

I just wanted to share with you some my recent successes on the lanes. Since you started helping me 2 months I have progressed along way in a very short time. By just modifying a few things has helped my game tremendously. I believe, however, where I've made the biggest improvement is in my understanding of bowling. I now think clearly and can now throw the ball with confidence like never before.

Prior to my working with you my biggest series in the last 5 yrs has been 670, and my highest average is 190. In the last month I have shot 3-700 series (730 high) and a bunch of 680s plus and I've been averaging 220 plus! Until a month ago my best league game in past 5 yrs was 256. Since then I've shot 283 (greek church in the 11<sup>th</sup> frame) and a pair of 279s. Practicing last week with some friends I shot 300.

Like all of this isn't incredible enough, I did a lot of it with a broken big toe. I dropped my ball on it in league two weeks ago in the 3<sup>rd</sup> game of league where I started off shooting 245 and 256. But in the last game I was in a lot of pain and managed to literally limp my way in with a 190. The next day, stubborn me, instead getting my foot casted, I told the doctor that I instead wanted to bowl league. I was thinking I have been bowling so good I didn't want to stop now. So with a lot of pain I bowled that night and shot 205, 215 and 279. I couldn't believe it, every ball was right there. I just focused on the things we've been working and I just kept striking. Then in the 6<sup>th</sup> frame, despite what I thought was a perfect shot I left a solid 8-pin, and then proceeded to strike out.

Everyone that sees me bowl now just can't believe how good I look bowling. My timing feels great, push away is effortless, and I now throw the ball a lot faster with a lot less effort. You have made really bowling fun for me. Mike, thanks for everything!

Greg

[Greg Toth]

William Quick  
630 Princess Drive  
Margate, Florida 33068

August 18, 2008

Hey Mike,

We did it!!! I won the South Florida Masters tournament last night. I'm so excited to now be eligible for the year-end "Champion of Champions" Tournament. Please allow me a moment to take a bow. Seriously, I am writing you today to express my deepest gratitude.

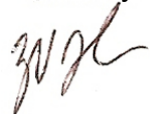
As you know that I have been bowling for 2 years and 7 months now and you have taken my game to another level. The Masters tournament has taken me on a roller coaster ride, but with your help I have continued to shine. You are a great coach I have told numerous people if they needed to improve their game to contact you. I will continue to recommend your services to everyone.

Just to recap, since we've worked together I have achieved the following:

- 1 - 300 game
- 1 - 298 game
- 3 - 290 games
  
- 1 Championship of South Florida Masters tournament
- 3 Championships from Fred Santoro's tournaments at Brunswick Margate
- 1 No Tap tournament win
- 3 third place finishes in South Florida Masters tournaments

Once again thank you for your help and continue to make stars of your students.

Sincerely,

A handwritten signature in dark ink, appearing to be 'W. Quick', written in a cursive style.

William Quick

**JAIME H. MUNOZ  
5511 NW 50<sup>TH</sup> AVENUE  
COCONUT CREEK, FL 33073**

October 4, 2007

Michael Nyitray  
109 Lake Emerald Drive, #310  
Ft. Lauderdale, FL 33309

Dear Mike:

Wow, I can't begin to thank you enough. I just rolled my first 800 series (806) and my second 300 game. Not bad for a senior citizen! I have been bowling for 30 years and have never achieved the success I am enjoying now. Obviously, this is thanks to the coaching you are giving me.

Your coaching style and your incredible ability to connect with bowlers is what does it! Thank you so much! I am looking forward to much more success in the coming years.

Best regards,

A handwritten signature in black ink, appearing to read 'Jaime H. Munoz', written in a cursive style.

Jaime H. Munoz

Paul Cirinese  
4147 S. Pine Island Rd  
Davie, FL 33328

April 20, 2007

Hi Mike,

I want you to know how much I appreciate all you've done for me. You not only help me with my physical game but helped me better understand how to utilize my equipment. Your video analysis explained so much of what I needed to work on. And like you said, we also built upon the things I already do well.

But what I'm really excited to tell you is I won the Broward County Association's Singles Title, shooting my first-ever 300 game in the process! And right after that I won the Broward "700 Club" tournament. Mike, I've got to tell you, ever since I started taking lessons with you I feel like, and bowling like, a whole new bowler.

Thanks for all your help!

Sincerely,

A handwritten signature in dark ink, appearing to read "Paul D. Cirinese". The signature is fluid and cursive, with the first name "Paul" being the most prominent.

Paul Cirinese

**Lonnie V. Saunders, Jr**  
Fort Lauderdale, FL

February 15, 2007

Michael Nyitray  
c/o Brunswick Margate Lanes  
2020 N. State Road 7  
Margate, FL 33063

Dear Mike,

I would like to thank you for my new ball you sold me the Morich Awesome Hook.. The ball plus the way you drilled it was excellent. The first tournament I bowled with it I won.

Mike, just having the right equipment as you know is not the whole answer to bowling better. The lessons you have given me are the other part of the equation. I like the way you use video to not only show me what I am doing wrong and need to correct but also show me the things I am doing right.

Since I was an instructor on the rifle and pistol range in the Marines I can easily understand how small changes in one's game can lead to very good results. I have had only two lessons from you and I have cashed in 5 out of 8 tournaments including a win, two third places, and a fourth place finish. Thank you and I am looking forward to working with you in the future.

Yours Truly,

A handwritten signature in black ink, appearing to read "Lonnie V. Saunders Jr.", written in a cursive style.

Lonnie V. Saunders Jr.

Subj: **Hi Mike**  
Date: 04/14/2004 10:04:28 PM Eastern Daylight Time  
From: [kshorvath@worldnet.att.net](mailto:kshorvath@worldnet.att.net)  
To: [WorldMike@aol.com](mailto:WorldMike@aol.com)

Hi Mike,

I just wanted to touch base with you—I have had a really good season this year... all four leagues I have bowled on I have an average of 200-205, thanks to your coaching.

I also won my first singles tournament... it was the ACC (Air Combat Command) Championships in Tucson, AZ. It was pretty tough... sport shot 2 out of the 3 days of the tourney. I ended up averaging 194 for the 18 games. I was pretty happy with the way I bowled. The \$1000 check didn't hurt either... ☺.

I am still trying to get into the pro regional circuit, but there are no tourneys in the Northwest... none have been scheduled in the last year.

That is the update from here... I hope school is going well for you.

Take care,  
Kendra Horvath

[Boise, Idaho]

Joe Archer  
2106 Nassau Bend, E-1  
Coconut Creek, FL 33066  
(954) 979-5277

April 30, 2002

Michael Nyitray  
109 Lake Emerald Drive #310  
Ft. Lauderdale, FL 33309

Dear Mike,

I'm thrilled to tell you've helped make my dream come true—I just rolled my first 300 game! To bowl a perfect game at the age of 69 I never thought could have been possible, especially after going through surgery for lung cancer just three years ago.

I've always been a competitive athlete but when I took up bowling at ten years ago I didn't have any high expectations, I just wanted to have some fun. However, the competitor inside couldn't just sit back and not try to get better. Within the next seven or so years I was averaging in the upper 190s and could see further improvement just around the corner. But then I was diagnosed with lung cancer and needed to have surgery. Fortunately, all of the cancer was removed and the doctors gave me a clean bill of health, no radiation, no chemo, I was cancer free.

What I was about to find out was that the surgery, which went through my right rib cage to remove one third of my right lung, had created tremendous amounts of scar tissue preventing me from being able to raise my right arm in any direction. Countless sessions of physical therapy gave me back some range of motion, along with rebuilding some of my lost muscle. It took nearly a year but I was able to start back bowling. But that was the beginning of my next challenge, trying to learn how to bowl *again*.

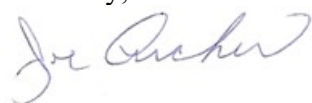
For the next year and a half I struggled to get my average back to about 180. While I was ok with that average what was driving me crazy was how my body didn't feel good when I bowled, both in technique and in health. Every shot was physically uncomfortable to throw and my body would ache for hours after I was done. I had to do something or I was going to have quit my new favorite sport. That's where you helped to save the day.

For quite some time I've seen you give lessons to bowlers of all ages with dramatic results, so I felt confident you were going to be able to figure out what I needed to do to improve. From the very first lesson you understood how the surgery affected my body. You designed a stretching routine specifically for my armswing along with showing me how to effectively throw the ball faster with less effort. By the end of that first lesson I felt less discomfort while getting more action on the ball. In fact, the very next day I bowled 290, my new highest game.

During the following lessons you helped me understand not only bowling physiology and what it means for me, you've also taught me about ball dynamics and lane play. Within the next several months I began to consistently averaging over 200, literally feeling better with each passing day. Then, while bowling in league last week I experienced the ultimate bowling thrill, I shot 300.

If it weren't for you and the techniques you've taught me not only would I not have that ring on its way but I probably would not even be bowling. Thank you for all that you have done for me!

Sincerely,



**WOOD, HENGBER & GOLDSTEIN**  
A PROFESSIONAL ASSOCIATION  
ATTORNEYS AT LAW

HAYES G. WOOD  
GREGORY P. HENGBER  
FRANK S. GOLDSTEIN  
DEBORAH N. PEREZ  
RONALD L. ROTH  
LYSA M. FRIEDLIEB

ALHAMBRA WEST, SUITE 505  
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600 S.W. 4<sup>th</sup> AVENUE  
SUITE 111  
FORT LAUDERDALE, FLORIDA 33315  
  
TELEPHONE (954) 767-8393  
FACSIMILE (954) 767-8303

OF COUNSEL  
BLANCA D. CRUZ

May 17, 2001

WEB SITE  
[www.civildefenselaw.com](http://www.civildefenselaw.com)

REPLY TO: FORT LAUDERDALE

Mr. Mike Nyitray  
109 Lake Emerald Dr.  
Apt. 310  
Fort Lauderdale, FL 33309

Dear Mike:

I wanted to thank you for your tremendous dedication, patience and effort in helping me to greatly improve my game. I continue to be amazed at how perceptive you are to the nuances of my game, yet have such an uncanny ability to communicate your advice, so simply and succinctly.

I have noticed a remarkable difference in my game, in a relatively short period of time. I am only sorry that I did not take advantage of you years ago. I continue to recommend your services to everyone, since you are such a rare commodity of bowling knowledge. I look forward to my next lesson with you and thank you, again, for all your help.

Sincerely,



Frank S. Goldstein,

FSG:me

May 15, 2000

Michael E. Nyitray  
USA Bowling Gold-Certified Coach  
109 Lake Emerald Drive, #310  
Fort Lauderdale, FL 33309

Dear Mike,

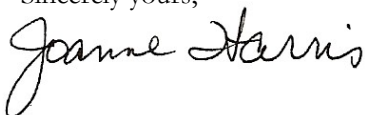
I wanted to write to thank you for your outstanding coaching help and support over the last year. As you know, I struggled mightily with my game for the better part of a year following my return to competition from my shoulder injury. The six-month layoff certainly made it difficult to get back into the game though, initially, the results in competition were pretty good. However, over the next several months, the effectiveness of my ball-roll diminished greatly, leaving me with a frustratingly low carry percentage and an embarrassing number of pocket splits resulting from weak hits. It was a difficult time as the feedback I felt I was getting from my shot execution was completely contrary to the results. I wasn't cashing in tournaments and actually began avoiding competition. After more than 15 years of competitive bowling, I had hit a career slump and I could not pull myself out of it alone.

I am so glad that I took the opportunity to come to Florida to work with you late in 1999. Not only did you quickly and correctly diagnose my swing acceleration problems but you also gave me substantial new depth to my game by arming me with a more dynamic release. The results of just a couple days of work in Florida as well as subsequent follow-up on the phone (as you advised me on equipment and grip changes) have been remarkable and very successful. I finished 8<sup>th</sup> in the Texas Bluebonnet Queens tournament, had a strong performance in the Houston city championship, and then best of all **won my first PWBA Regional title** in Port Arthur, Texas! The Regional title was a big thrill for both my doubles partner and me as we soundly defeated a very strong team of multiple PWBA National titleist Anne Marie Duggan and multiple PWBA Regional titleist Donna Conners in the title match.

The new-found confidence that I have from those successes has put me much more at ease and has given me the self-assurance to continue to work on different things with my game, equipment and grip during the weeks between tournaments. The best part about it is that I feel that I am working more to *perfect* what I have rather than trying desperately to *fix* it. I owe much of this inspiration to just a couple of days of working with you in Florida. I am looking eagerly forward to my next tournament opportunity and will continue to update you with my progress.

I have long contended that you are the best bowling coach in the world—with no exaggeration whatsoever. I am definitely living proof of it!

Sincerely yours,



Program Manager  
Worldwide Commerce  
Compaq Computer Corporation

2601 WOODLAND PARK DRIVE, #4312  
HOUSTON, TX 77077

**Donald Thomsen**

6120 W. Falcon's head Dr.  
Davie, FL 33331  
Tel-Fax: (954)252-1549

May 2<sup>nd</sup>, 2000

Michael Nyitray  
109 Lake Emerald Drive #310  
Ft. Lauderdale, FL 33309

Dear Mike,

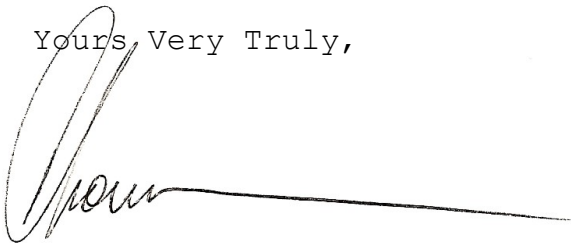
As you know, bowling has been a passion of mine for a very long time. Even though I've been bowling for almost 40 years and am 65, I still aspire to improve my game. You and your workshop made this improvement a reality.

Some years ago I averaged 196, which was my career highest. Prior to meeting and working you in January of this year my average was a normal 190. At the end of January I attended one of your WorldMike Workshops, specifically the one covering the Physical Game. Attending your workshop and our subsequent lesson has had a profound affect on my bowling.

In just 4 months, my average has gone from 190 to 213! The past 3 weeks alone I've scored 707, 695, and 741. The transformation in my bowling technique is incredible. Plus, I understand the game with much greater clarity. Bowling has never been so much fun.

I want you to know how much I appreciate all that you have done for me. Thank you.

Yours, Very Truly,

A handwritten signature in dark ink, appearing to read 'Don', followed by a long horizontal line extending to the right.

John E. Hilbert, Jr.  
1740 SW 47 Ave  
Ft. Lauderdale, FL  
(954) 384-9368

Mike Nyitray  
109 Lake Emerald Dr. #310  
Ft. Lauderdale, FL 33309

April 7, 2000

Mike,

This letter is just one way I want to say THANK YOU for all of the times you have coached me during the past 3 months. You've helped me learn about bowling in ways I never knew existed. You worked with MY game building on the good while polishing away the bad. Most importantly, you've helped me learn about ME.

Earlier this year my bowling game was in terrible shape. I had trouble scoring in league and making cuts in tournaments. When it came time to throw a strike to win a match or make a cut my mind was thinking about everything and anything. Instead of buying more bowling balls I purchased lessons with you. It was best investment I ever made!

Not only have you improved my physical game but you also helped me organize my bowling thoughts. I've never been able to feel such calm and confidence as I do now, my game has never felt better.

After working with you for 2 weeks, I shot 300 in league. It's my first in 2 years. Two weeks after that I qualified 5<sup>th</sup> in the PBA Regional tournament in Lakeland, FL. I've made the step ladder finals in 3 other tournaments. This week I achieved another one of my goals, shooting a big 800 series, an 846. This is a score I never thought I would ever shoot let alone do it at D.C. University Bowl. And it came a day after working with you.

Not only are you a great coach but you're also a great ball driller. My equipment has never felt so good in my hand. I recommend your coaching to everyone. My only regret is that I didn't start working with you sooner!

Thank you again for all of your help.

Sincerely,

A handwritten signature in dark ink, appearing to read "John E. Hilbert, Jr.", with a stylized, cursive-like script.

VINCENT BOCZAR  
1551 MADISON ST  
HOLLYWOOD, FL 33020

MICHAEL NYITRAY  
109 LAKE EMERALD DR #310  
FT. LAUDERDALE, FL 33309

FEBRUARY 7TH, 2000

DEAR MIKE,

THIS IS A LETTER TO THANK YOU FOR ALL YOUR HELP OVER THE PAST 6 MONTHS. FIRST, SOME BACKGROUND INFORMATION. I HAVE BEEN A PBA MEMBER FOR THE PAST 3 YEARS. SINCE MY RESULTS DURING PBA COMPETITION HAS NOT BEEN TO THE STANDARD I FEEL IT SHOULD BE, I FELT I NEEDED AN ADDITIONAL PERSPECTIVE AS TO THE DIRECTION I SHOULD TAKE TO IMPROVE MY GAME. THAT'S WHERE YOU CAME IN.

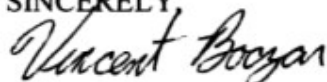
WE FIRST ESTABLISHED WHAT MY GOALS WERE AND THEN DESIGNED A MULTI-STEP CORRECTIVE GAME PLAN, BASED ON THE VIDEO ANALYSIS YOU PERFORMED. THIS CORRECTIVE GAME PLAN TARGETED BOTH MY PHYSICAL AND MENTAL GAMES. IT WAS CLEAR TO ME THAT THIS WAS NOT A QUICK-FIX SOLUTION AND IT WOULD TAKE SOME TIME BEFORE I SAW SIGNIFICANT IMPROVEMENTS.

I'M HAPPY TO SAY THAT MY BOWLING IMPROVED IN A VERY SHORT TIME. LITTLE DID I KNOW HOW WELL I WOULD SOON BE BOWLING. OVER THE LAST 6 WEEKS I HAVE HAD THE FRONT TEN-IN-A-ROW SIX TIMES AND HAVE BOWLED 3 PERFECT GAMES IN 3 CONSECUTIVE WEEKS. DURING THIS TIME I HAVE ROLLED 6 SETS OF 750 OR BETTER. I FEEL IT IS ONLY A MATTER OF TIME UNTIL I ROLL MY FIRST 800 SERIES.

WHEN I THREW THE 3<sup>RD</sup> 300 GAME, EVERYONE WAS ASKING WHAT BALL I WAS USING. I TOLD THEM THAT I'VE BEEN USING DIFFERENT BOWLING BALLS DURING EACH OF THE 300'S, THE REASON I WAS SHOOTING SO WELL WAS BECAUSE I HAVE BEEN WORKING WITH YOU.

MIKE, YOU HAVE HELPED ME ACHIEVE A MORE EFFICIENT BOWLING TECHNIQUE, BOTH PHYSICALLY AND MENTALLY. I AM ENJOYING A NEW LEVEL OF UNDERSTANDING AND CONFIDENCE OF THE GAME THAT I SO ENJOY. I BELIEVE NOW THAT I POSSESS THE SKILLS TO BE COMPETITIVE IN THE PBA. THIS IS THE CONFIDENCE YOU HAVE GIVEN ME IN MY GAME. AGAIN, THANK YOU FOR ALL OF YOUR HELP.

SINCERELY,



VINCENT BOCZAR

**Roger K. Keel**  
8597 N.E. 35th Court  
Coral Springs, FL 33065

January 26, 2000

**Michael E. Nyitray**  
109 Lake Emerald Dr. #310  
Ft. Lauderdale, Fl. 33309

Mike,

I first would like to thank you for all you are doing with the south Florida bowling community. On Saturday January 22, 2000 I attended your workshop titled the **Physical Game**. I found the information presented to be very technical yet easy to understand.

Having the urge to practice but not having the time I reread the information presented in your workshop on Monday and again during my lunch break on Tuesday.

At 9:00pm on Tuesday January 25, 2000 I arrived for league. After a very uneventful 15 minutes of practice, were I didn't feel that I was throwing the ball well, I settled down and decided to let your teachings do the work.

During the first game I didn't feel as if I was throwing great shots, they were good but not great, and they were striking. I ended up throwing the first nine strikes followed by a ten pin spare and another strike for a score of 279. The second game was a lot like the first, 10 strikes 2 spares for a score of 257. I then realized I had a chance to shoot 800 but then quickly forced that thought out of my mind and concentrated on making good shots. Another 10 strikes and 2 spares later the accomplishment was done and the third game score was 268 for a 3 game series of 804. Since this league bowls four games my work was not done. As with the first three games I let your teaching do the work and concentrated on being mentally prepared to throw each shot. Ten frames later with a score of 278 for the fourth game and a four game series of 1082.

Just so you know how significant tonight's scores are for me, my previous three-game high was 765 and my four-game high less than 940. And to top off your influence on my shooting this incredible score, I was using the ball you drilled for me just 10 days ago.

I now know the difference between having luck on your side and having knowledge on your side, both are nice but knowledge is much more fulfilling.

Thank you again and I look forward to working with you again very soon.

Sincerely,



Roger K. Keel

**Melvin J. Hess**  
3230 NW 97<sup>th</sup> Ave.  
Sunrise, FL 33351  
Phone (954) 748-3951

January 14, 2000

To Whom It May Concern,

This letter is being written as a positive testimonial to Mike Nyitray's outstanding coaching ability along with his professionalism within the sport of bowling.

I am a retired career military policeman (20 years) in the U.S. Army. I am also a former law enforcement officer for the U.S. Marshal Service, Department of Justice for twenty (20) years. During my military and law enforcement career, I attended numerous classes covering law, law enforcement, hostage negotiation, first aid, just to name a few. I have observed many instructors in both the U.S. military and Federal law enforcement fields.

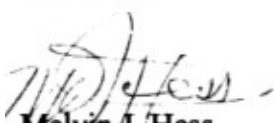
Since retiring from the U.S. Marshal Service in 1989, I have been involved in bowling. My aspirations were to become a professional bowler. Over the past 10 years, I have had a few instructors that I thought were good. Approximately 2 months ago I had the good fortune to Mike Nyitray. This young man struck me as a fine person, being intelligent and articulate. I asked Mike for advice regarding my bowling. Mike videotaped me from multiple angles, explaining in detail both my technical strengths and weaknesses. His explanations of a corrective course of action were not only very easy to understand but were very easy to assimilate.

Literally from the very first time conversing with Mike, my bowling has improved. I also feel much more comfortable. My average in all the four leagues I bowl in has increased markedly. My friends tell how much better my technique looks and want to know what I have done. I tell them that I owe it all to Mike Nyitray's coaching.

Mike also has a great personality for dealing with people, possessing terrific communication skills, not to mention being an outstanding ball driller. This I observed while working with Mike in a local pro shop, where I work part-time, as well as watching him working with others bowlers. Mike genuinely cares about helping bowlers enjoy bowling.

Any questions regarding Mike Nyitray feel free to contact me at the phone number listed above.

Sincerely,



Melvin J. Hess

LESLEY BOCZAR  
1551 MADISON ST  
HOLLYWOOD, FL 33020

MICHAEL NYITRAY  
109 LAKE EMERALD DR #310  
FT. LAUDERDALE, FL 33309

NOVEMBER 22<sup>ND</sup>, 1999

DEAR MIKE:

I AM WRITING TO THANK YOU FOR ALL OF YOUR COACHING AND TO LET YOU KNOW HOW MUCH IT HAS HELPED MY BOWLING.

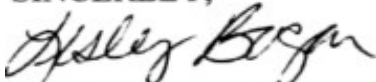
AS A RIGHT-HANDER, I HAVE COMPETED IN U.S. OPEN'S AND HAVE BEEN INDUCTED INTO 3 DIFERENT SOUTH FLORIDA "HALL'S OF FAME." DUE TO INJURY, I CONVERTING FROM RIGHT TO LEFT-HANDED BOWLING LESS THAN 2 YEARS AGO, I HAVE STRUGGLED TO ACQUIRE THE "FEEL" AND CONSISTENCY REQUIRED OF A TOP LEVEL BOWLER.

SINCE WORKING WITH YOU DURING THE PAST FEW MONTHS, I HAVE SHOT (3) 278 GAMES, (1) 279 GAME AND (2) 700 SERIES. I ALSO WON A SOUTH FLORIDA MASTERS TOURNAMENT FOR \$1,000. MY CONSISTENCY HAS INCREASED DRAMATICALLY, SO I AM SHOOTING 600 SERIES MORE OFTEN. I AM CONFIDENT NOW, THAT IF I HAVE A BAD GAME, I CAN COME BACK WITH A 220 OR 230.

MY SPARE SHOOTING HAS ALSO BECOME MUCH MORE CONSISTENT, SINCE YOU PUT MY SWING IN LINE AND SMOOTHED OUT MY TIMING. MY ACCURACY HAS ALSO INCREASED, WHICH MAKES IT EASIER FOR ME TO MAKE ADJUSTMENTS TO THE LANE CONDITIONS.

I APPRECIATE ALL YOU HAVE DONE FOR ME. I WISH TO CONTINUE TO IMPROVE, AND WITH YOUR HELP, I KNOW I WILL.

SINCERELY,



LESLEY BOCZAR

March 25, 1999

To Whom It May Concern,

I met Mike Nyitray at the National Amateur Championships in Minneapolis, MN in 1994 where we were both competing. As I got to know him, I was very impressed with Mike's passion for the sport of bowling and his commitment to coaching. Since that time, I have had the opportunity to have Mike coach me both in person and by telephone. Even before Mike was familiar with my physical game he was able to provide me valuable insights and strategies to approaching specific link conditions simply by my description of them. Mike calls upon his personal experience both as a coach and a player to diagnose a condition and consider all possible components of a player's arsenal in attacking that condition. The key to his great success as a coach, in my opinion, is his ability to personalize his message to suit the needs, both physically and mentally, of the player.

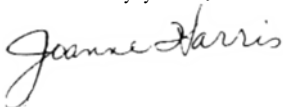
In working with Mike in person, I am consistently impressed with his ability to spot even the subtlest inefficiencies in body mechanics that detract from a player's ability to achieve their maximum potential. He articulates his observations in a way that clearly communicates the impact the error is having on the ball, and he promotes solutions to these errors that are easy to comprehend and easy to incorporate into one's game. With Mike's coaching, my game has become more dynamic and powerful, while exerting less effort on my part and improving my consistency. He has clearly contributed to my success as a player, winning and consistently cashing in elite tournament competition.

Mike successfully works with a wide spectrum of talents, from beginners to the most elite players, and meaningfully impacts their ability to be more proficient on the lanes. Mike's approach to coaching is very advanced and professional. He employs the latest in audio-visual technology to document and comment upon a player's performance and progress, and he is constantly looking to use technology to make the coaching experience more meaningful to the player.

I frequently call upon suggestions Mike has made for my physical game during competition, and have often phoned him between squads of a PWBA regional or other scratch tournaments I find myself in need of advice on a condition or problem I am experiencing. In spite of not experiencing or seeing the condition for himself Mike is always able to gain the mental picture he needs by taking the time, listening and asking the right questions to provide positive input and guidance. More importantly as a coach Mike is genuinely interested in helping the player achieve success and takes the time and thought to contribute to that success.

Mike's coaching is spurred by his personal passion for the sport of bowling as well as his dedication to providing the best possible experience for his players as an elite player myself, I have always been skeptical of taking coaching and advice it has been my experience that a lot of people believe they are capable and credible coaches, yet their approach to the game is one dimensional. Very few are capable of coaching elite players. Mike weaves in all aspects of the game the physical game, the mental game, the equipment selection, the lane conditions and generates a complete picture of the player with which he can hone in on the key areas of improvement. He has challenged me to think about the game in new dimensions and has helped me become a more complete, more confident player. I have complete conviction in Mike's coaching advice and consider him absolutely one of the finest coaches in the world.

Sincerely yours,



Joanne Harris  
Manager, Systems Integration Programs  
Compaq Computer Corporation

Mohammed Al-Athel  
510 S. Main St. B - 3  
Ada, OH 45810  
(419) 634 - 1959

Mike Nyitray  
6600 S.W. 135 Terr.  
Miami, FL 33156

November 13, 1998

Hi Coach,

Mike, I would like to take this moment and thank you for what you done for me. Actually, I am not sure if thank you is enough.

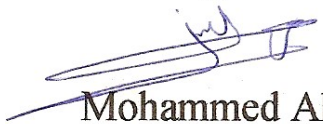
I remember when I was back in Saudi Arabia, and my bowling game was as bad as you can imagine. No one was willing to work with my game. You only saw me bowling for a few shots because I was moving to the America in just a few days. Though we did met we did not have a chance to talk about my game.

Since the end of 1996, I started talking to you by telephone and e-mail. It was very reassuring to know I could call you anytime if I needed advice. And I was amazed with how much info you could get about my game from watching me throw only few shots. The advice I have received from you has REALLY improved my overall bowling technique. You taught me how to read the lanes and how to make the right adjustments. Then you taught me how to decide which drilling layout to use and which ball to choose and how to match them up with the lanes. You also helped me to "think" better or as you say "think more effectively". And all this has been accomplished over the telephone, I think that is amazing.

I have talked to many bowlers and coaches who claimed that they could help, but they all failed. I have to admit no one was even close to the knowledge you have.

I am still amazed how I jumped from 170 avg. to 215 - 220 avg. and have bowled so many 300 games and 800 sets. None of this would have happened without your help. Thank you.

Sincerely,



Mohammed Al-Athel